

Health
New Ross Consolidated School
~ Course Outline ~
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WELCOME TO GRADE 7/8 HEALTH!

TOPICS INCLUDE: Maintaining healthy relationships, developing a positive self-concept, decision making, goal setting, preventing sexually transmitted diseases, and substance abuse prevention.

GENERAL CURRICULUM OUTCOMES:

HEALTHY SELF

Students will be expected to:

- A. demonstrate positive self-identity that effectively enables them to manage their health, relationships, and interactions with the world

HEALTHY RELATIONSHIPS

Students will be expected to:

- B. think critically and make informed decisions to enhance health of self, those around oneself, within a global context

HEALTHY COMMUNITY

Students will be expected to:

- C. demonstrate effective communication and interpersonal skills that facilitate positive relationships between themselves and the world

Materials Required: Students will need a pencil and loose leaf. Students will be provided with a folder which will contain all of their Health work and will be kept in the classroom.

Assessment:

There are three general sources of **assessment** evidence gathered in classrooms: **observations** of student learning, **products** students create and **conversations** (discussing learning with students). Assessment will include, but is not limited to the following:

- Quizzes
- Health folder
- In-class Assignments
- Individual and Group Projects